

**Courtesy of MC Combs**

**Author of :**

***The Journey from Hope to Healing***

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**A Guide  
to Non-Clinical  
Service Providers  
For Veterans  
Coping with  
PTSD or TBI**

## Directory Information

The service organization in the book, *The Journey from Hope to Healing* is fictitious. However, there are many nonprofit groups that provide outstanding programs that successfully help veterans suffering with PTSD to return to enjoyable and productive lives.

This booklet provides the names, locations and contact information for a number of these service providers. They all have websites and more detailed information is available online. While there are several different methodologies, their focus is primarily on non-clinical programs that employ several different activities that together have proven successful in the treatment of PTSD.

Many of these programs are completely without any cost to the veterans, including paid travel expenses. They are funded by foundations and the people who contribute to help care for those to whom we all owe so much. Many employ veterans who themselves have learned how to live successfully after treatment in one of these types of post traumatic programs. Only the Wounded Warrior Project's PTSD treatment programs are in clinical settings, but they too have learned to successfully integrate multiple non-clinical elements with their clinical approach.

I hope, if you know a veteran who is struggling with PTSD, You will give them this booklet and encourage them to access the help they need to begin to live and enjoy their life again.

## Service Providers: Location & Phone

One specific non-clinical Program for veterans with PTSD is available in seven locations around the Nation. It is called Warrior Pathh (Progressive and Alternative Training for Healing Heros) and includes one week of working with a highly trained staff at any of the seven locations and eighteen months of further learning, coaching and contact with each other. They are listed below and there is no cost to the veteran for this program.

- 1. Boulder Crest Foundation**  
33735 Snickersville Turnpike, P.O. Bos 117  
Bluemont, VA 20135  
(540) 554-2727  
[Bouldercrestfoundation.org](http://Bouldercrestfoundation.org)
- 2. Gratitude America**  
P.O. Box 16956  
Fernandina Beach, FL 32034  
912-674-0332  
[GratitudeAmerica.org](http://GratitudeAmerica.org)
- 3. Camp Southern Ground**  
100 Southern Ground Parkway  
Fayetteville, GA 30215  
678-561-9615  
[Pathh@CampSouthernGround.org](mailto:Pathh@CampSouthernGround.org)
- 4. The Travis Mills Foundation**  
747 Western Ave.  
Manchester, Maine 04351  
207-480-3490  
[Travismillsfoundation.org](http://Travismillsfoundation.org)

**4. Big Red Barn Retreat**  
8024 Winnsboro Rd.  
Blythewood, SC 29016  
803-716-9097  
Thebigredbarnretreat.org

**5. Sheep Dog Impact Assistance**  
1200 W. Walnut St., Suite 2301  
Rogers, AR 72756  
417-812-6035  
Sheepdogia.org

**6. Permission To Start Dreaming Foundation**  
3110 Judson St. PMB 144  
Gig Harbor, Washington 98336  
253-432-6502  
info@ptsdfoundation.org

**7. Boulder Crest Retreat, Arizona**  
15 Gardner Canyon Road  
Sonoita, Arizona 85637  
**520-455-4668**  
<http://bouldercrest.org>

**Project Sanctuary:** Primarily Programs  
for veterans' families  
held in multiple locations in the U.S.  
Phone: (720) 561-9193  
Address: P.O. Box 1563  
Granby, CO 80446  
[email@projectsanctuary.us](mailto:email@projectsanctuary.us)

**Veteran's Path:**

P.O. Box 38546  
Colorado Springs, CO 80937  
Please go to Website below to Contact:  
[Veteranspath.org/contact](http://Veteranspath.org/contact)

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**Wounded Warrior Project's**

**Warrior Care Network**  
Mental Health Services for Veterans

**888-977-2585 or 904-405-1213**

(more clinical in nature)  
Emory Health Care Warrior Program, Atlanta, GA  
Massachusetts General, Boston, MA  
Rush University Medical Center, Chicago, IL  
UCLA Health, Los Angeles, CA

**Please be aware that there are numerous nonprofit and for-profit programs that have been offering substance abuse and alcohol treatment programs but have recently added PTSD to their offerings. In this document, only programs specifically designed and created for veterans or first responders with PTSD or TBI are listed. While there may be a need for some type of therapy to overcome alcohol or drug abuse for the PTSD sufferer, that may impact the choice of the program.**